

A NON-TRADITIONAL BLESSING

By Ruth Fox, OSB

May God bless you with discontent
with easy answers, half-truths, superficial relationships,
so that you will live from deep within your heart.

May God bless you with anger
at injustice, oppression, abuse, and exploitation of people,
so that you will work for justice, equality, and peace.

May God bless you with tears to shed
for those who suffer from pain, rejection, starvation and war,
so that you will reach out your hand to comfort them and to change their pain to joy.

May God bless you with the foolishness
to think you can make a difference in this world,
so that you will do the things which others tell you cannot be done.

If you have the courage to accept these blessings, then God will also bless you with:

happiness—because you will know that you have made life better for others
inner peace—because you will have worked to secure an outer peace for others
laughter—because your heart will be light
faithful friends—because they will recognize your worth as a person.

These blessings are yours—not for the asking, but for the giving—
from One who wants to be your companion, our God,
who lives and reigns, forever and ever. Amen.