

Praying with the Shepherd Within
with Father Anne
Easter: The resurrection principle

MOVEMENT TWO: GOD NAVIGATES OBSTRUCTION

POINTS FOR PRAYER

Take what is helpful, leave what is not: go where your prayer takes you.

1. Call to mind a time you experienced God navigating around an external obstruction imposing itself upon your life together. Use your five senses to bring this experience to life. How did God navigate the interference? What were the gifts to you, to others? What did you have to let go for navigation to occur? How did you feel during the process? Reflect openly with God. Allow God the opportunity to respond.

2. Participation in the resurrection principle creates touchpoints of hypostatic unity between Creator and creature. Ask God the following: How did God experience this event? What were the gifts for God? When you let go, how did God expand? How did God feel during the process? Listen deeply to God's sharing. Continue to pray with what becomes present.

3. Spend time in gratitude to God however you feel so moved. Allow God the opportunity to respond. Spend more time listening and receiving than speaking.